



*November 26, 2023*

## Habits of Gratitude

*Luke 17:11-19*

It's not how much I have,  
but how much I enjoy that makes happiness.

### **Recognize God's grace**

### **Recognize the grace in my life**

### **Don't take God's grace for granted**

### **Choose to make gratitude a habit *Ps. 34:8***

- Gratitude is sharing the Lord with others  
*Heb. 13:5*
- Gratitude is serving the Lord with gladness  
*Ps. 100:2*

### **How do I actively make my attitude one of giving thanks**

- Make it a part of my prayer life –  
let my response be make  
known to God with thanksgiving

- Sing songs of thanksgiving to God
  
- Thank those that do the simplest and smallest things in my life.
  
- Serve God and others, as this is one of the greatest ways to give thanks.

Ask God where I am to serve His body.



**Answer the following individually and/or as a group**

- How can I cultivate a heart of gratitude in my daily life, even during challenging times. *1 Thess 5:18*
- Share a personal experience where expressing gratitude to God or others has positively impacted my life.
- In what ways can I show appreciation to the people God has placed in my life and how can this deepen my connection with them?
- Discuss with my group or someone the danger of mummering, complaining, pride and comparison. How can I overcome these attitudes to maintain a grateful heart?

***Daily Reflective Devotions***

<b>Monday</b>	Thess. 5:18, James 1:17, Phil 4:6-7
<b>Tuesday</b>	Deut. 28
<b>Wednesday</b>	Ps. 147
<b>Thursday</b>	Pr. 92
<b>Friday</b>	Pr. 30
<b>Saturday</b>	Pr. 31

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